



### Accident Investigation

#### **R. E. P. O. R. T. IT! – Near-Miss Reporting**

*Coremedia*

13 Minutes (VHS) (English)

It's been known for years that accidents occur because of unsafe acts and unsafe conditions. This program was developed to help you recognize and eliminate the unsafe acts in your facility by calling attention to near misses. When you collect data associated with near misses and study the situation, you're able to correct potential hazardous conditions and behaviors.

### Animals and Insects

#### **Dog Bite Prevention**

*Bulli Ray Enterprises*

12 Minutes (DVD) (English)

This DVD reviews the most helpful practices in dog bite safety - it is geared to advise the field employees and service workers on how to avoid canine inflicted injury. These are the people who are in the highest danger zones and are the ones who will encounter hundreds of canines a month. Viewers can learn how to prevent altercations with the potentially dangerous dogs they encounter on the job. This DVD offers instruction on: \*Work safety around owners and their family while dogs are present \*How to safely approach the front door, and then enter the home \*Minimizing injuries if attacked by one dog \*How to handle the terrifying scenario of pack attacks If you are sending your employees out into the field for the first time or if existing employees just need a refresher – this DVD training is an absolute must! Remedial training is essential for employees who have had a negative encounter or who have already been bitten.

### Back Safety/Lifting

#### **Back Safety for Material Handlers**

*Coastal*

19 Minutes (VHS) (English)

This program teaches back safety techniques specific to material handlers as well as exercises to keep back muscles strong and flexible.

- Back structure
- Repetitive stress and reverse stretching
- Proper lifting
- Vehicles and back safety
- Using hand trucks • Warning signs of back injury
- Proper lifting techniques

### Bariatrics

#### **Bariatric Safety Kit: Is Your Facility Prepared?**

*Michael Dionne*

30 Minutes (DVD) (English)

The purpose of the bariatric safety kit is to provide a summary of basic concepts in staff and patient safety in the transfers of perhaps the fastest growing patient population in history. This program is geared for professionals who work with patients of size and require techniques safely manage this population.

### Blood Borne Pathogens

#### **Bloodborne Pathogens: A Sharper Image**

*Coastal*

19 Minutes (DVD, VHS) (English)

This training program offers a concise look at the transmission, treatment, and prevention of blood borne pathogens, specifically: Hepatitis B., Hepatitis C, and HIV. Viewers will also learn about:

- Personal protective equipment
- Engineering controls
- Safe work practices

#### **Hepatitis C: Facts Not Fear**

*Coastal*

12 Minutes (VHS) (English)

According to the Centers for Disease Control, 3.9 million Americans are infected with HCV and 2.7 million of those are chronically infected - often with no apparent symptoms for up to 10 to 20 years after infection. This program will teach employees safety measures to stop exposure, transmission, and possible infection. This video will review:

- The definition of Hepatitis C
- Hepatitis C virus behavior
- Symptoms
- Safety precautions COMMUNICATION



### Communication

#### **Communication Cornerstones: Building Trust**

*Coastal*

24 Minutes (DVD) (English)

Learn how to be an effective manager with this DVD. Using a unique comparison between good and bad management styles, this program is certain to captivate and educate your employees. Each vignette demonstrates the most effective way to manage, as well as the negative results of managing poorly. The trust employees have for their managers is directly affected by the communication styles that managers use. This video will help managers with their communication skills so they can build the trust of employees and keep it at a good level.

- Be open and honest
- Address problems head on
- Use face-to-face contact
- Actively listen
- Give constructive feedback

#### **Diversity: Face to Face**

*ATS Media*

18 Minutes (DVD) (English)

This innovative and unique training program explores four main aspects of diversity in the workplace -- stereotypes, similarities, unity and benefits -- by listening to the stories and thoughts of characters who actually live and work in a diverse world. Through their eyes, we learn why diversity is so important, and are given the definitions and tools to understand more deeply our own roles in diverse workplaces, from smaller organizations to larger corporations. Everyone plays an important part in the complex mosaic that is our diverse world.

Topics Covered and Key Learning Points Include:

- **Stereotypes:** Fully understand what stereotypes are and are not. Learn how stereotypes affect others and ourselves. Learn how to recognize them and stop negative behavior.
- **Similarities:** What we have in common is often what brings us together. Learn how to search for what we share rather than focus on what we disagree on.
- **Unity:** Becoming a member of the team is important. Unity is an important goal for any organization. Learn how to "come together" instead of excluding ourselves and others.
- **Benefits:** Explore the benefits and rewards of a diverse organization in ways you may have never considered! The world has changed, and because of the global marketplace, diversity is even more important than ever.

#### **Patient Diversity: Beyond the Vital Signs**

*CRM Learning*

18 Minutes (DVD) (English)

Patient Diversity clearly illustrates the importance of learning about your patient population: their belief systems, folk medicine, lore, even those things that dictate how they respond to pain and medical care. In the video, poignant scenes examine concerns faced in healthcare delivery every day. And though the challenges, patients and solutions are highly diverse, the basic principles are not. Participants will learn:

- About the beliefs and practices of their patient population
- How they can try to accept the different cultural practices of their patients
- Why they should never forget they are treating an individual

#### **Teamwork: How Synergy Succeeds**

*Coastal*

22 Minutes (DVD, VHS) (English)

In this creative training program, your employees will follow two teams on a scavenger hunt and will learn the seven building blocks to team success. It discusses setting up new projects, dealing with conflict, establishing goals, and recognizing the need for collaboration.

- Exploration of team potential
- Concise team player rules
- Achieving peak performance



### The Healthcare Toolkit Volume 1 & 2

*CRM Learning*

66 Minutes (DVD) (English)

The Healthcare Tool Kits provide a flexible set of materials that can help you build awareness and skills in workplace interactions and professionalism in responding to patients and coworkers.

#### Volume 1:

- **Ensuring Patient Satisfaction:** provides awareness of what matters most to patients and shows how to keep patients satisfied.
- **Building Accountability, Ethics and Integrity:** demonstrates how individuals can work to improve and maintain strong personal standards when it comes to ethics and responsibility.
- **Team Building:** illustrates principles of teamwork that lead to the kind of positive collaborative environment that will keep staff focused on the task at hand - treating patients.

#### Volume 2:

- **Embracing Diversity:** explores the fascinating ways that culture and other forms of diversity can influence patient care while showing healthcare workers how to respect differences.
- **Communicating with Clarity:** shows examples of communications with patients and coworkers and how to improve it.
- **Supervising Others:** provides examples that help build the supervisory skills of your clinical staff.

The accompanying Leader's Guides provide suggestions for use, discussion questions and tables to help you identify which segments are most appropriate for your training applications.

### The Power of Future Conversation

*CRM Learning*

18 Minutes (DVD) (English)

Conversation is a tool that gives leaders the power to translate possibility into action. It is the driving force behind positive change and growth that moves people and organizations into the future. This program teaches leaders to be aware of the power of conversation and to use it as a means of achieving unforeseen innovations and improvements. As the drama unfolds, viewers see that organizations can be overly focused on the past. They learn that by simply changing the way in which conversations/meetings are framed, incredible possibilities for the future can become realities.

### What to Do When Conflict Happens

*CRM Learning*

21 Minutes (DVD) (English)

What causes the most stress across ALL occupations? The interpersonal conflicts we all experience on a daily basis - with coworkers or supervisors. Give your employees a memorable, easy-to-implement tool to resolve conflict.

Rather than a complicated model, What to Do When Conflict Happens introduces "C. A. L. M.":

- C - CLARIFY the issue
- A - ADDRESS the problem
- L - LISTEN to the other side
- M - MANAGE your way to resolution

All four stages are clearly depicted in this program using realistic workplace scenarios.

An added vignette shows how to "scale back" the C.A.L.M. model when there isn't time to use the full approach.

### Working With You is Killing Me

*CRM Learning*

23 Minutes (DVD) (English)

From chronic complainers to idea-stealers, boundary pushers, to just plain jerks, a toxic co-worker can ruin your day - and your life! Everyone - including the lucky few who have never had to work with a difficult person - will benefit from this program. It brilliantly portrays how employees on any career path and at any level of an organization can be undone by a problem co-worker.

This program provides the antidote, showing exactly how to take responsibility for addressing the problem and put a stop to it all. It shows employees how to "unhook" from difficult situations in four simple ways: Physically, Mentally, Verbally and With a Business Tool (memo, e-mail, log, etc.).



## Compressed Gases

### **Safe Handling and Storage of Compressed Gases**

*Compressed Gas Association*

27 Minutes (VHS) (English)

This program covers recommended safety practices for users, including how to safely store, handle, and use compressed gases in containers. In addition, the video highlights practices that compressed gas manufacturers follow to ensure that containers are properly filled and transported to their destinations. Finally, the video discusses the hazard classifications of gases and the appropriate emergency response procedures.

### **Safe Handling and Use of Medical Equipment and Gases in a Homecare Environment**

*Compressed Gas Association*

16 Minutes (VHS) (English)

This video describes the safe handling and use of medical equipment and gases (oxygen) in the homecare environment. Specifics covered are the characteristics of oxygen and general precautions, concentrators, high pressure cylinders, and liquid oxygen systems.



### Customer Service

#### **Customer Service: Natural as Child's Play**

*Coastal* \$395

26 Minutes (DVD) (English)

We all know healthcare professionals are busy - now more than ever. But being warm, friendly, and helpful doesn't mean you can't also get your work done. This video details entertaining real-life scenarios and the best way to handle them. A humorous host provides enlightening commentary on how natural customer service can be, as natural as child's play.

- Knowing all types of customers
- Applying the "treat people how you want to be treated" method
- Using empathy instead of apathy
- Employing good communication skills with an emphasis on listening

English/Spanish on one DVD

#### **Dealing With Upset and Angry Customers: Don't Run, Don't Hide**

*ELI*

17 Minutes (DVD) (English)

This program describes specific steps for dealing with the angry or upset patient, family member or visitor. After completing this program, viewers will be able to:

- Describe the principles for dealing with an upset or angry customer
- Explain the importance of putting oneself in the healthcare customer's shoes
- Describe how mental responses influence behavior
- Describe how to give an upset customer time to vent and how to move into problem solving

#### **Give 'em the PICKLE!**

*Media Partners*

20 Minutes (DVD) (English)

Pickles are those special or extra things you do to make people happy. Highly entertaining and motivational, the Give 'em the Pickle training video will inspire management and employees to do the most important thing they can do in business...take care of the customer. Key learning points: Service, Attitude, Consistency and Teamwork.

#### **It's a Dog's World**

*CRM Learning*

14 Minutes (DVD) (English)

A smile; a reassuring manner; undivided attention; thoughtful, thorough follow-up calls... In today's busy healthcare settings, these "little things" often fall by the wayside. But when it comes to quality initiatives and patient satisfaction it's the little things that matter most. This newly-updated version of a CRM favorite shows that everyone employed in a medical office, hospital, or clinic can make a difference in improving customer service.

The story follows a man and his dog who go out for a walk one day and end up needing medical attention - fast. The man goes to his healthcare provider, and the dog goes to the vet, but one patient ends up with a far better experience. Here's a hint: It's not the man. It turns out a dog's world is actually the nicest place to be if you get hurt.

Whether they're a volunteer, nurse, nurse practitioner, tech, doctor, or physician's assistant, It's a Dog's World reminds each and every healthcare worker that little things go a long way toward making patients feel more human - and less like a number. This video shows:

- The patient experience from the patient's point of view
- Easy ways to reassure people at critical points in their medical journey
- The importance of respecting the patient's time, feelings, and dignity
- How an unprofessional manner erodes patient trust
- Why follow-through is so important
- The fundamentals of patient-centered care

#### **Lila's Story: Customer Service**

*Coastal*

14 Minutes (DVD) (English)

Customer satisfaction does not happen accidentally. It requires deliberate actions on our part to identify and then satisfy customer expectations. This new video program features a veteran healthcare worker who shows us how she has learned to treat the hospital and its visitors with the best of care.



## Driver Safety

### **Drive Safe**

*NHPCO*

10 Minutes (DVD) (English)

This short video reminds your employees and volunteers of the important elements of safe driving.

### **Driven to Distraction**

*Coastal*

16 Minutes (DVD) (English)

This groundbreaking program illustrates just how dangerous distracted driving can be. The main character is the embodiment of the various distractions that accompany drivers. Watch as he gleefully plots and plans to take attention from the road. The impact of this program is powerful and memorable.

- Cell phone use
- Talking to passengers
- Reaching into laptop case
- Eating and drinking

### **Driving in Bad Weather**

*AAA Foundation for Traffic Safety*

9 Minutes (VHS) (English)

This video dramatizes the blinding effects of fog, dust, smoke, rain, snow, and ice and stresses the need to “drive to the conditions.” This video also includes tips on vehicle maintenance that can help drivers prepare for bad weather.

### **Preventing Road Rage: Anger Management for Drivers**

*AAA Foundation for Traffic Safety*

20 Minutes (VHS) (English)

This educational video teaches viewers how to avoid offending other drivers, manage their own anger, and disengage from an angry encounter.

### **Road Rage: How to Protect Yourself**

*Coaching Systems*

15 Minutes (DVD) (English)

Suitable for all drivers, this video covers the rationale for keeping cool, calm, and safe in today's stressful and potentially dangerous driving environment. The presentation offers practical tips for building a “Road Rage” defense... including how to control one's own anger while driving and how to avoid becoming a victim of other drivers' road rage.

## **Transporting Passengers With Special Needs**

*Coaching Systems*

15 Minutes (DVD) (English)

With the increasing focus on the safe transportation of passengers with impairments, today's drivers must be trained as professionals, and schooled not only in defensive driving techniques, but also in safe passenger assistance procedures. Both public and private organizations that transport special needs passengers are responsible for training their drivers to perform their jobs as professionals, keeping the passengers' safety and dignity in mind at all times. Transporting Passengers with Special Needs is specifically designed to address these training needs. Both novice and experienced drivers will respond positively to the non-lecture coaching format of the course.



## Drugs and Alcohol

### **Dealing with Drug and Alcohol Abuse for Employees**

*The Training Network*  
17 Minutes (DVD) (English)

More than 75 million Americans deal with a substance abuse issue. Abusers in the workplace cause safety issues for everyone and can tarnish your company's reputation. Help your employees help themselves by learning to identify chemically-dependent workers. Employees will learn:

- How people become addicted
- Various drugs and their effects
- Alcohol and drug policies
- Methods for helping employees with substance abuse issues

### **Dealing with Drug and Alcohol Abuse for Managers and Supervisors**

*The Training Network*  
17 Minutes (DVD) (English)

Some of the most compelling problems in today's work environment are substance abuse issues. Learn how to effectively manage chemical dependency in your workplace with this great video. Keep your employees and your work environment safe by tackling substance abuse problems head on. This DVD covers:

- Drug laws and regulations
- Creating a drug-free workplace
- On-the-job substance abuse

### **Recognizing Drug and Alcohol Abuse for Managers**

*Coastal*  
20 Minutes (DVD) (English)

Drug and alcohol abuse costs American companies \$100 billion per year. Teach your managers to recognize the abusers and help them overcome their problems. This informative program teaches managers how to detect drug and alcohol abuse by witnessing abuser's physical appearance, speech, behavior, and job performance.

## Elder Care

### **Bathing Without a Battle**

*UNC*  
60 Minutes (VHS) (English)

The goal of this program is to teach viewers how to create better bathing experiences for persons with Alzheimer's disease and related disorders. Viewers will learn how to use person-centered methods for making the bathing experience more enjoyable for both caregivers and the people they are bathing.

### **Combative Residents: Mirror Their Reality**

*Coastal*  
23 Minutes (DVD, VHS) (English)

This important program discusses the problems, causes, and various forms of combative behavior in long-term care facilities and teaches you how to prevent combative behavior from injuring your employees.

- Forms of combative behavior
- Potential causes
- Keys to successful management of combative behavior
- Learning to deal with combative incidents

### **Dementia & Alzheimer's Caregiving: Through the Looking Glass**

*Coastal*  
20 Minutes (DVD) (English)

There are five million victims in the United States alone. This compelling program can help caregivers learn patience and exercise creative problem-solving techniques when dealing with patients.

- Activities of daily living
- Tips to minimize incidents of biting, hitting, and wandering

### **Elder Abuse and Neglect: Show you Care**

*Coastal*  
20 Minutes (DVD) (English)

This compelling program remains our best-seller year after year! It is a must-have for facility managers and administrators committed to providing optimal quality care for their patients or residents in their golden years. Designed to alert workers to the warning signs of elder abuse and the correct ways to report suspicious behavior.

Find out the subtle forms of abuse, which many workers may not realize

Define the different types of elder abuse and neglect

Identify elders at the greatest risk for abuse

Discuss your facility's elder abuse assessment and reporting policies

English/Spanish on one DVD

### **The Value of Nature for Older Adults**

*Access to Nature*  
28 Minutes (DVD) (English)

This award-winning program illustrates a wide variety of ways to make Nature more accessible and inviting at senior communities. This fast-paced and lively DVD uses case studies to demonstrate how to transform ordinary settings into therapeutic landscapes, with health benefits for residents, staff and family members.



### Electrical Safety

#### **Electrical Safety: Basic Principles**

*Coastal*

15 Minutes (VHS) (English)

This video illustrates basic principles of electricity, electrical paths, and safe electrical work practices and procedures; how to respond to electrical emergencies; and circuit protection.

#### **Healthcare Electrical Safety: AMPle Protection**

*Coastal*

15 Minutes (VHS) (English)

This program provides information on the following:

- Joint Commission - required training
- Electrical equipment typical to the healthcare environment
- Common hazards
- Electrical safety guidelines

### Emergency Preparedness

#### **Hospital Incident Command System**

*Emergency Film Group*

30 Minutes (DVD) (English)

Hospitals and other healthcare facilities need an emergency management plan for any type of event that adversely affects the facility. This program provides viewers with up-to-date training and information about the Hospital Incident Command System (HICS).

- Concepts of HICS
- Roles and responsibilities of the key players in HICS
- Safety zones
- Relationship to the National Incident Management System (NIMS)

#### **Long-Term Care Facility Evacuations: Ensuring Resident Safety During Emergency Situations**

*HCPPro*

15 Minutes (VHS) (English)

This comprehensive video training program offers specific strategies geared toward the effective evacuation of elderly and nonambulatory residents in your facility. Through real-life scenarios your staff will:

- Learn the most commonly used evacuation techniques.
- Receive detailed procedures for horizontal evacuation techniques and defending in place.
- Learn the importance of evacuation pre-planning to ensure that every staff member is aware of his or her role and responsibility in the event of an evacuation.

#### **NIMS for EOCs**

*Emergency Film Group*

31 Minutes (DVD) (English)

Describes the function of the Emergency Operations Center.

Topics covered:

- How the EOC is staffed, organized, and activated.
- Key roles in ICS and corresponding roles for the EOC
- Elements of NIMS
- The five types of incidents
- Readiness levels
- Planning meetings

Includes an Instructor's CD-Rom with customizable PowerPoint presentation, post seminar quiz, references and other documents to help present a training seminar.

#### **Teamwork in Crisis: The Miracle of Flight 232**

*CRM Learning*

29 Minutes (DVD) (English)

This powerful video program shows how, what started out as a very ordinary event, turned into a catastrophic situation where teamwork helped achieve a miraculous outcome. United Airlines Flight 232 was on a routine flight when one of its primary engines failed and the plane experienced the complete loss of hydraulic power--a situation so dire, it was doubtful anyone would survive. However by using the two remaining engines as their only source of steering, Captain Al Haynes and his flight crew managed to bring the plane into Sioux Gateway Airport where the outcome was far better than expected. While some passengers were lost, 184 survived as a result of a remarkable confluence of events, including the disaster preparedness of the rescue crews on the ground, the flight crew in the air, and the air traffic controllers, who worked together to achieve results that in all respects beat the odds. Through interviews with Captain Haynes, the rescue organizers and medical team leaders, along with actual footage of the incident, the program examines these important issues:

- Preparation - Are you ready for what you expect to happen?
  - What about what you don't expect?
- Luck - Misfortune can strike at any moment.
  - Is your team willing to create its own good luck?
- Cooperation - How would you cooperate without departmental boundaries?
  - When a crisis occurs, there won't be any boundaries.
- Communication - How would you communicate if your goals depended on it?
  - They do, so clear communication is critical.
- Execution - Take a good look at your team's "snapshot".
  - Do you like what you see?



## Ergonomics

### **Back in Action**

*Coastal \$295*

20 Minutes (DVD) (English)

Follow six co-workers as they attempt to make an office documentary on the importance of back safety. Using a humorous approach, *Back in Action* seeks to engage viewers and keep the material fresh.

### **Ergonomics: Watch your Back**

*Coastal \$295*

15 Minutes (DVD, VHS) (English)

Whether your staff is moving patients, test tubes, laundry, or food, they need to protect their back from undue stress. All healthcare workers have a high risk of developing musculoskeletal disorders (MSD) or back injuries. This important video will teach your staff:

- General back safety
- Symptoms of back problems
- Recognizing the dangers
- Preventing MSDs
- Safe materials handling

### **Healthcare Ergonomics: Working to Your Advantage**

*Coastal \$295*

21 Minutes (VHS) (English)

Cumulative trauma disorders are the fastest growing category of occupational injuries in the United States. This program will help you identify ergonomic hazards in your work area and focus on the prevention of the most common injuries you face as a healthcare worker.

- Recognizing cumulative trauma disorders
- Preventing back injury
- Identifying ergonomic hazards

### **Office Ergonomics - Putting It All Together**

*California Chamber of Commerce \$100*

30 Minutes (VHS) (English)

This video helps managers and employees understand what office ergonomics is and how to take responsibility. Part I addresses posture in the workstation and how activity, repetition, and force can lead to repetitive motion injuries. Part II addresses stress reduction, work organization, and breaks.

### **Preventing and Managing Computer-Related Injuries**

*Stanford Health*

27 Minutes (DVD) (English)

Computer-related repetitive stress injuries are painful, pervasive, and preventable. Learn from a team of Stanford experts about exercises, stretches, ergonomic principles, and other tips to minimize the aches, pains, and strains of your workstation environment, increasing your productivity and peace of mind.

## Eye Safety

### **Eye Protection: See the Whole Picture**

*Coastal*

18 Minutes (DVD) (English)

This program will help your employees understand the importance of proper eye protection. While reviewing essential procedures, it focuses on avoiding eye injuries and emergency procedures should an accident occur. This program is appropriate for the engineering, maintenance, and grounds keeping departments, and any other employees who may be exposed to eye injury hazards.

- Eye Protection
- Care and maintenance
- Injury prevention
- Emergency procedures

### **Eye Protection: Why Gamble**

*Coastal*

20 Minutes (DVD, VHS) (English)

This program reviews how to avoid injury as well as emergency procedures to follow if an accident should occur. The video is appropriate for your engineering, maintenance, and grounds keeping departments, and any other employees who may be exposed to eye injury hazards. Please note: this program contains graphic pictures that may not be appropriate for all viewers. Caution is advised.

- Protective eye wear
- Avoiding injury
- Emergency Procedures



### Fire Safety

#### **Fire Emergency: Initial Response & Evacuation**

*Coastal*

16 Minutes (VHS) (English)

Drawing from sources such as the National Fire Protection Association and the American Hospital Association, this program provides critical training that can help your employees, your patients, and your facility survive when the heat is on. This video covers:

- Common hospital fire situations
- Correct initial staff response procedures
- Communication procedures
- Proper fire extinguisher applications and methods
- Important standard emergency evacuation methods

#### **Fire Extinguishers: Your PASS to Safety**

*Coastal*

9 Minutes (DVD) (English)

When fire breaks out, you have only seconds to respond. The video Fire Extinguishers: Your PASS To Safety will help your staff understand how fires start, how they are classified, and how to stop fires by using the right kind of fire extinguisher. This important video highlights:

- The PASS procedure
- Ways to eliminate the three elements
- Different fire extinguishers and their uses
- Classes of fire

#### **Fire Safety: Mission Possible**

*Coastal \$295*

20 Minutes (VHS) (English)

Fire is the third-leading cause of accidental death in the United States, with more than 150 workplace fires occurring every day. This video will help you train your employees in the proper fire safety procedures that can save their lives and the lives of their patients. This video includes:

- The four classes of fire
- Fire prevention procedures

#### **Fire Safety: Operating Without Fires**

*Coastal*

20 Minutes (DVD) (English)

Provides information about causes of fires in operating rooms, how to prevent them and what to do if one occurs.

- Fire causes
- Breaking the fire triangle
- Minimizing oxidizer risks
- Minimizing fuel risks
- Minimizing ignition
- Operating room fires
- After a fire

### Forklift Safety

#### **Forklift Basics: Safe From The Start**

*Coastal*

15 Minutes (DVD) (English)

This program provides details on the powered industrial truck, from the way it's constructed to the way it works. It will help your operators understand the factors that affect forklift balance and maneuverability. This video covers:

- Powered industrial trucks
- Forklift operator safety
- Design and controls
- Pre-use inspection
- Operators manual

#### **Forklift Operator Safety Training**

*J.J. Keller & Associates*

27 Minutes (DVD) (English)

Easy to use and ready to deliver, this all-in-one program makes it easy to train your forklift operators and to meet OSHA's "formal instruction" training requirements (29 CFR Section 1910.178 (I)). This DVD covers safety topics that are critical to avoiding accidents and injuries, including general safety, pre-operation, operation, load handling, fuel/battery maintenance, and specialized units. Forklift Operator Safety Training will also help you satisfy OSHA's requirements for providing refresher or remedial training based on unsafe operation, an accident, incident, near miss, or deficiency found during periodic evaluations.



## Hand Hygiene

### **Hand Hygiene: For Hands That Care**

*Coastal*

17 Minutes (DVD, VHS) (English)

According to the Center for Disease Control, an estimated 30,000 deaths a year are a direct result of improper hand hygiene.

- The difference between skin decontamination and hand washing
- Time-saving instructions for proper hand decontamination
- Step-by-step instructions for proper hand washing
- DVD available in Spanish

### **Hand Hygiene: The Best Medicine**

*Coastal*

13 Minutes (DVD) (English)

This program covers proper hand hygiene guidelines and explores the prevention of slips and errors that are caused by acting without considering the consequences. Your staff will learn the step-by-step and CDC-approved hand washing process. The program discusses the following:

- The reason why we don't wash or decontaminate
- Hand hygiene 101
- How to change behavior

### **Latex Allergy: Stop the Reaction**

*Coastal*

22 Minutes (DVD, VHS) (English)

Allergic reactions to natural rubber latex products are being recognized with increasing frequency among healthcare workers who use gloves and other products containing latex. This timely program contains guidelines for minimizing latex-related health problems while maximizing protection.

- Definition and types of latex allergies
- Who is at risk for latex allergy?
- What you can do to protect yourself

### **Soap in the City**

*ORL Productions*

10 Minutes (DVD) (English)

Have you ever seen dirty hands sing? You will in Soap in the City! Two hands that look like human faces start this attention grabbing video by belting out "We're Dirty," a plea to wash hands frequently. Soap in the City continues with the story of a health reporter's nightmare that becomes intertwined with the nightmarish life of Typhoid Mary, the killer cook of the early 1900's. It also provides a memorable example of a girl washing her hands for as long as it takes to sing Happy Birthday, and it gives a summary of the situations where hands should be washed. Soap in the City is a hand washing educational video that everyone will want to watch!



## Hazard Communication

### **Hazard Communication for Non-Industrial Employees**

*Coastal*

20 Minutes (DVD, VHS) (English)

This brand-new program is intended to provide important information about safe work practices when working with hazardous chemicals in the office.

- Material safety data sheets (MSDS)
- Exposure limits

### **Hazard Communication: You Need to Know**

*Coastal*

20 Minutes (DVD, VHS) (English)

Designed to help you reduce the potential hazards of working in a healthcare environment, this program speaks to various hospital settings in which healthcare workers may come into contact with hazardous chemicals. Other topics addressed include:

- Understanding a material safety data sheet (MSDS)
- Identifying hazardous chemicals
- Areas where potentially harmful chemicals exist
- Permissible exposure limits
- Protective procedures

### **Safe Handling of Hazardous Drugs**

*American Society of Health-System Pharmacists*

55 Minutes (DVD) (English)

This informative program provides pharmacy staff and other healthcare professionals who handle hazardous drugs with important information about the risks and best practices for the handling of hazardous drugs. Topics presented in this program include:

- What are hazardous drugs?
- Receipt, storage, and transportation of hazardous drugs
- Medical surveillance
- Biological safety cabinets
- Personal protective equipment
- Aseptic technique
- Decontamination, waste disposal, and spill containment

## Hazard Recognition

### **What's My Fine: OSHA Annual Retraining Program**

*HCPPro/Quality America*

40 Minutes (DVD) (English)

Employees complain it's a waste of time – they “know it all” already. Yet mistakes are made every day, and that puts staff and patient safety at risk. Just how much is at stake? That's the premise behind “What's My Fine?” This training DVD contains 10 short scenes that depict daily operations at a typical clinic. This interactive, game show-type program is a fun and fast-paced way to make sure your staff complete annual retraining – and actually remember what they learned.

## Hearing Conservation

### **Hearing Protection: Sounds Me**

*Coastal*

14 Minutes (DVD) (English)

This program covers the importance of proper hearing protection. It discusses the effects noise has on the human ear, plus personal protective equipment and controlling harmful noise.

- The human ear
- Four P's of prevention
- Reducing high noise levels
- Audiometric testing



### HIPAA

#### **HIPAA Security and Privacy for Hospitals**

*Coastal*

22 Minutes (DVD) (English)

This program will help you walk your employees through the basics of the HIPAA Security and Privacy Rules and make sure sensitive personal information is handled with the highest level of security and confidentiality. HIPAA security and privacy compliance is mandatory. You are required to establish administrative, physical and technical safeguards to guarantee the confidentiality, integrity and availability of all electronic PHI. Prepare your staff with this training program, which covers:

What is Protected Health Information?

The basics of security awareness

Use and disclosure of protected health information

Consent and authorization

Patient rights

Administrative requirements

Physical, administrative and technical safeguards of electronic PHI

Mandates of the Health Information Technology for Economic and

Clinical Health (HITECH) Act

#### **Privacy & Security: The New HIPAA Rule**

*Envision, Inc.*

15 Minutes (DVD) (English)

Packed with practical examples, hands on tips and helpful insights this program highlights the HIPAA Privacy and Security Rules, including the new HITECH law. This program benefits all healthcare workers, including the Admissions Dept., Administrative Staff, Lab Workers, and Healthcare Professionals on the front line. The objectives of this program are to:

- Review the main points of the existing and new regulations
- Identify who must comply (Covered Entities)
- Discuss the legalities & their everyday application in healthcare
- Define Protected Health Information (PHI)
- Identify strategies for compliance
- Discuss the many patient rights under HIPAA

### Home Health and Hospice

#### **Home Healthcare Safety Orientation**

*Coastal*

20 Minutes (DVD) (English)

This important program will help you recognize the potential dangers of working in a home care setting. It provides important safety tips which will protect you and your patients.

- What to look for in the home
- Safe work practices
- Handling medical waste and equipment
- Handwashing

### Housekeeping

#### **Housekeeping: It Ain't Like the Movies**

*Coastal*

15 Minutes (VHS) (English)

Many on-the-job deaths are due to poor housekeeping, and most of them could have been prevented. This program reviews the importance of good housekeeping and what to look for in your facility.

- Clean or clutter
- Proper storage
- Eliminating spills and leaks

#### **Safety for Hospital Housekeepers**

*American Training Video*

17 Minutes (VHS) (English)

This video presents a straight forward view of safety and how safety procedures can be implemented by the environmental services department. The video presents eight rules of safety and common causes of accidents. It reminds housekeepers that they are a member of the safety committee, and safety is everyone's business!



### Infection Prevention

#### **From Top to Bottom: The Front Line of Infection Control**

*Envision, Inc.*

12 Minutes (DVD) (English)

This video addresses the “front line” of infection control as it applies to environmental services and housekeeping personnel, including the use of cleaning supplies and disinfectants, personal protective equipment, procedures to protect staff and patients, and protocols for eliminating the spread of infectious diseases in patient rooms and procedure areas. Covered in this program are:

- Common microorganisms- where they may be present and how they can cause infection and illness
- Personal Protective Equipment to protect workers and patients
- Hand hygiene- The #1 way to prevent the spread of infectious microorganisms
- Cleaning and disinfecting- which chemicals and procedures to use for specific areas
- Mixing, storage, and disposal of cleaning chemicals

#### **Healthcare-Associated Infections: Prevention and Control**

*Coastal*

19 Minutes (DVD) (English)

Infections acquired during hospital stays are a serious patient safety issue. This important program will train healthcare workers on what they can do to prevent and manage hospital-acquired infections.

- What are hospital-acquired infections?
- How they occur
- Preventative measures

#### **Infection Control During Construction**

*HCPPro*

15 Minutes (DVD) (English)

This video is an introductory training and educational tool for construction crews who work in your facility. This video is designed to help contractors understand the necessary precautions they must take in order to maintain proper infection control during construction and renovation projects in your facility.

#### **Infection Control Training Video For Dietary Services**

*HCPPro*

20 Minutes (DVD) (English)

Your dietary staff plays a very important role in preventing the spread of infection in your facility. Hospitals are continually challenged to provide fast and effective infection control training that meets various regulatory standards. In just 15 minutes, this training video gives your dietary staff simple strategies on the do's and don'ts for proper IC practices when handling food.

#### **Infection Prevention for Ambulatory Care: What You Need to Know**

*Envision Inc.*

17 Minutes (DVD) (English)

The last decade has seen a shift in the delivery of healthcare from hospitals to outpatient (ambulatory care) settings. At the same time, healthcare-associated infections (HAIs) are increasing; currently responsible for nearly 2 million infections per year, many of which occur in the ambulatory care environment.

This is why the CDC has released new, evidenced-based guidelines stressing the importance of infection prevention in ambulatory care, including outpatient clinics, physician offices, urgent care clinics, surgery centers, and other specialized settings. In addition, accreditation agencies such as The Joint Commission and AAAHC, and CMS require the implementation of infection prevention practices in these outpatient settings.

According to the CDC, education and training on the basic principles for preventing the spread of infection should be provided to all staff upon orientation, and repeated annually.

This video discusses the CDC's basic infection prevention recommendations, including:

- Common Healthcare-Associated Infections (HAIs)
- How pathogens are spread
- Bloodborne pathogens and sharps safety as required by OSHA
- Standard Precautions, including: hand hygiene; PPE; cleaning and disinfecting instruments, devices and environmental surfaces; precautions for body substances and sharps; cough etiquette/respiratory hygiene; and safe injection practices
- Transmission-based precautions for the outpatient setting
- Surveillance of patients infected or colonized with infectious organisms



### **MRSA & VRE Precautions: Battling Superbugs**

*Coastal*

22 Minutes (DVD) (English)

It's a war between man and bacteria – and experts say the outcome is uncertain. We do know this; a growing number of studies prove healthcare professionals can successfully slow transmission and lower overall infection rates by these Superbugs NOW! Antibiotic resistance isn't a new problem. What is new, according to the Centers for Disease Control and Prevention, is that virtually all bacteria in the world are developing resistance to the antibiotic treatment of choice. Coastal's training program, MRSA and VRE Precautions: Battling Superbugs, trains healthcare professionals how to stop the spread of antibiotic-resistant bacteria. It covers:

- Adherence to contact precautions
- Identification methods
- Patient treatment procedures that slow transmission and lower infection rates
- Hygiene and equipment decontamination that saves countless lives

### **Of Critical Importance: The New CDC Isolation Guideline Explained!**

*Envision, Inc.*

15 Minutes (DVD) (English)

The emergence of new pathogens, the transfer of patients from the acute care setting to other healthcare facilities, and the continued increase in healthcare-associated infections caused by multiple drug-resistant organisms have created an urgent new approach to infection

prevention. Featuring CDC HICPAC committee member Vicki L. Brinsko, RN, BA, this concise training program will help your staff understand and apply the new Isolation Guideline including:

- New Standard Precautions
- Application of Transmission-based Precautions
- The Protective Environment
- Discontinuation of Precautions
- Safe Work Practices

### **Preparing for a Pandemic: Preventing Transmission of Novel H1N1 Influenza**

*Envision, Inc.*

8 Minutes (DVD) (English)

Novel H1N1 Influenza (Swine Flu) is a respiratory disease that is spreading across the globe with unprecedented speed. Most transmission of respiratory diseases in the healthcare setting occurs from unprotected exposure to infected individuals before the disease is recognized and infection control measures put in place. For this reason, it is imperative that all healthcare workers become familiar with the CDC, HICPAC, SHEA and APIC recommendations to quickly identify and isolate potentially ill patients, and know how to implement strict infection control practices to prevent transmission. This important training program highlights the CDC recommendations in a short, concise format developed for all healthcare staff. Topics covered include:

- Modes of transmission
- Respiratory hygiene / cough etiquette
- Screening protocols
- Standard precautions and transmission-based precautions, including PPE
- Monitoring employee health

### **Tuberculosis: Identification & Control**

*Coastal*

16 Minutes (DVD, VHS) (English)

Every healthcare facility needs a tuberculosis (TB) infection control plan — and every healthcare worker needs to be thoroughly trained in preventing the spread of disease. Tuberculosis: Identification & Control is a powerful tool you can put to work immediately for the safety of your staff.

### **Why Don't We Do it in Our Sleeves**

*ORL Productions*

5 Minutes (DVD) (English)

This five minute video was designed to encourage people to cough and sneeze according to the infection control guidelines put forth by the Centers for Disease Control and Prevention. Its message is serious, but it is presented with humor in such a way that it engages the viewer's

attention for a full five minutes while the message is repeated in interesting new ways. It can be enjoyed by individuals, but it is even more fun to watch in groups, resulting in community reinforcement. It has been used in hospitals and schools with great success. It actually makes people change the way they cough and sneeze.



## Kitchen Safety

### **Kitchen Safety**

*The Training Network*

10 Minutes (DVD) (English)

New and experienced kitchen staff will benefit from watching this program as they learn the potential hazards present in the kitchen environment and what action to take to reduce the risk of accidents or injuries. Topics covered in this video are:

- Prevention of slips, trips, and falls
- Knife use and safety
- Kitchen Machinery
- Fire and burn prevention
- Chemical and hazardous materials

## Laboratory Safety

### **Lab Safety: Handling Hazardous Chemicals**

*Coastal*

21 Minutes (VHS) (English)

Help your employees use and understand your Chemical Hygiene Plan and the requirements of the Laboratory Safety Standard with this vital video program.

- Complies with OSHA 1910.1450
- Hazard identification
- Exposure monitoring and PELs
- Medical attention and record keeping
- Emergency procedures

## Lockout/Tagout

### **Lockout/Tagout: An Open and Shut Case**

*Coastal*

14 Minutes (VHS) (English)

This program helps solve the mystery of lockout/tagout by focusing on the basics. Viewers will learn how to avoid catastrophic accidents. The program also covers what lockout/tagout is, when to perform it, and OSHA's six steps to controlling hazardous energy.



### Management/Supervision

#### **Continuous Motivation**

*Coastal*

23 Minutes (DVD) (English)

In this funny and informative program, a frustrated manager is up against a tight deadline. But his team does not have the motivation they need to do the job correctly, or on time. Help arrives through the magical Harry Anderson, who takes the manager through a clear; step-by-step process that will work in any organization:

- Different people are motivated by different things
- Positive works better than negative
- Motivate your team continuously

#### **Disruptive Behavior: Too Great a Cost**

*Coastal*

22 Minutes (DVD) (English)

This program defines disruptive behavior among healthcare workers, providing examples and differentiating subtle forms from obvious manifestations. It points out the impact of disruptive behavior on employee health, morale, performance, turnover, organization's reputation, communication, teamwork and patient safety. Through everyday applications, the program shows how healthcare workers can create a supportive environment that can neutralize disruptive behavior and cites tips on confronting and conversing with a disruptive person.

#### **Everyday Creativity with Dewitt Jones**

*CRM Learning*

20 Minutes (DVD) (English)

This wonderful DVD teaches a surprising truth about creativity; that it's not a magical, mysterious occurrence, but a ready tool that enables you to look at the ordinary and see the extraordinary. Hosted by photo journalist Dewitt Jones, this best selling training program shares Dewitt's inspirational stories, memorable locations, and stunning examples of his work. You'll feel inspired and encouraged to apply his simple, yet powerful life techniques to your everyday challenges. Viewers will learn that creativity is not about being artistic, but about having the right attitude!

#### **Harassment Is ... Healthcare Version**

*ATS Media*

21 Minutes (DVD) (English)

This popular program will raise awareness regarding harassment and will explain the do's and don'ts of creating a respectful workplace for everyone.

- Define and identify the various types and forms of harassment
- Follow guidelines to prevent harassment
- Respond to harassment
- Spanish/English on one DVD

#### **It's About Respect: Recognizing Harassment in a Diverse Workplace**

*Coastal*

21 Minutes (DVD) (English)

This program will raise awareness regarding harassment and explain the do's and don'ts of creating a respectful workplace for everyone.

- The various types and forms of harassment
- The financial and hard-to-measure costs of harassment
- The guidelines to prevent harassment
- How to respond if one witnesses or becomes a victim of harassment

#### **It's Okay to be the Boss**

*CRM Media Partners*

27 Minutes (DVD) (English)

It's Okay to the Boss is a humorous, highly entertaining call to action for managers, supervisors and leaders. Based on Bruce Tulgan's bestselling book, this motivational video dispels the 7 myths that have created the current undermanagement epidemic at all levels of business. As Bruce says, "Follow any problem in business...bad service, missed deadlines, soggy fries...whatever. Everything is somebody's job and everyone has a boss. Everything leads back to the boss." Tulgan challenges managers everywhere to give up their "hands off=empowerment" style of management and to re-engage with their employees - spelling out expectations, providing specific guidelines, correcting failure quickly and rewarding success even more quickly.



### Legal and Effective Employment Terminations

*Coastal*

18 Minutes (DVD, VHS) (English)

The statistics are simply staggering: more than eight times out of ten, a judge will rule in favor of employee suing your organization for wrongful termination. This vital program will provide your supervisors with a step-by-step approach to protecting your organization from these costly lawsuits. It takes a glimpse at both sides of termination (employer and employee) and will teach your managers how to prepare for and conduct a successful termination meeting.

- Progressive discipline
- The termination meeting
- Conducting exit interviews
- Avoiding the legal firing line

### Legal and Effective Interviewing II: The Right Questions

*Coastal*

14 Minutes (DVD, VHS) (English)

This program provides a thorough, practical approach to training supervisors and managers in this vital aspect of employment. The video covers such topics as setting the interview tone, the general interview format, listening techniques, legal and illegal questions, applicants with disabilities, and more.

### Legal and Effective Performance Appraisals

*Coastal*

29 Minutes (DVD, VHS) (English)

Performance appraisals provide an ideal opportunity for collaborative, two-way communication between supervisors and their employees. Yet, they also carry an incredible legal responsibility: the right to a fair appraisal of job performance starts with the actual job description itself. This video program discusses protection from legal problems, how to conduct an appraisal, the interview format, and goal setting.

- Documenting evaluations
- Communicating the performance expectations
- Employee involvement in the evaluation process

### Legal and Effective Progressive Discipline

*Coastal*

23 Minutes (DVD, VHS) (English)

A system of progressive discipline is the best safeguard against charges of discrimination and wrongful discharge. In this video program, the steps of progressive discipline are clearly explained, and the results of proper implementation are demonstrated. This video is a "must see" for all supervisors and managers in your organization.

- How to verbally counsel an employee
- Issuing a written warning
- Placing an employee on suspension
- Terminating an employee

### Life is for Living

*Aurora Pictures*

3 Minutes (DVD) (English)

This is a fast paced 3-minute video ideal to open or close employee safety meetings. Using accidents and close calls, this program focuses the viewer's attention on the long-term consequences of injuries. The program illustrates how seemingly minor actions can lead to serious injuries. A wide variety of dramatic mishaps are powerfully illustrated, such as traffic crashes, slips and falls, hand injuries, back injuries, eye injuries and electrical mishaps. The powerful conclusion will leave a lasting impression on viewers.

### Managing Four Generations in the Workplace

*Learning Communications*

35 Minutes (DVD) (English)

For the first time there are four generations in the workplace at the same time. Each of these age groups has different expectations and different demands, and employers who cannot recognize these will lose their best employees and see their workplaces in turmoil. In this scenario-based sequel to the best-seller, *Mixing Four Generations in the Workplace*, Cam Marston helps supervisors and managers learn the techniques needed to handle cross-generational communications problems, avoid conflict, and maximize performance. This program will teach you how to "Gen-Flex" or move into another generation's comfort zone. Do you remember the golden rule, "Do unto others as you would have them do unto you?" The golden rule would be great if we were all the same generation. But because people are different, they need to be treated differently. This is the basis for what we call Gen-Flexing, operating in another generation's world. Treat them as they want to be treated. Gen-Flex out your comfort zone into theirs.

Two programs 21 minutes and 14 minutes.



### Mixing Four Generations in the Workplace

*Learning Communications*  
34 Minutes (DVD) (English)

Generation conflict costs billions of dollars in lost productivity to organizations like yours worldwide - not to mention the incalculable effects on motivation and morale. Now there is help with generational expert Cam Marston's DVD course, *Mixing Four Generations in the Workplace*. This program will educate and stimulate positive interaction among your people. It will also dramatically reduce workplace conflict and provide managers and supervisors with strategies for dealing with recruiting, retaining, and motivating, using the generational differences in a positive way. Two programs 18 minutes and 16 minutes.

### Not Everyone Gets a Trophy

*Media Partners*  
29 Minutes (DVD) (English)

*Not Everyone Gets a Trophy* with Bruce Tulgan is a wise and humorous look at the challenges of training and managing the newest generation of employees. Recognized as one of the world's leading experts on young people in the workforce Tulgan presents a decade of research on what he calls "The most high maintenance workforce in history." This dynamic program is packed with laughter, stories and practical examples of techniques that any manager can use to transform these young employees into "The highest performing workforce in history."

### Please Respect My Generation! -5 Generations at Work

*ATS Media*  
23 Minutes (DVD) (English)

This program teaches how to bridge the gap between the generations and shows audiences how to avoid conflict and increase productivity in their generationally diverse workplace. Both managers and employees will gain insight and learn simple dos and don'ts when dealing with coworkers of different generations.

In *Please Respect My Generation! - 5 Generations at Work*, all five generations discuss their own generational traits and those of their coworkers. The scenarios and commentary integrate respect and unity at work for people at all stages of life. Viewers learn to communicate better, deal with change, increase productivity, and develop a more respectful workplace.

### Proofreading & Editing Skills (3 Volume Series)

*Career Track*  
184 Minutes (VHS) (English)

#### Volume 1 - Perfect Proofreading

Written mistakes are embarrassing, costly, and can convey the wrong message. This video seminar provides proven techniques to improve your proofreading skills and avoid costly mistakes.

#### Volume 2 - Grammar and Punctuation

Grammar is a subject you may have dreaded in school. Correct punctuation and grammar are essential if you expect to be taken seriously. This video is designed to be the perfect grammar "brush-up."

#### Volume 3 - Spelling and Usage

This video seminar deals with the most common misspelled words and often misused words. The skills presented in this program will help you ensure flawless written documents.

### Record Keeping For Healthcare

*Coastal*  
13 Minutes (VHS) (English)

Due to criticisms of paperwork, reporting issues, and interpretation of terms, OSHA revised and simplified record keeping and reporting. This video provides an important overview of changes for safety directors and managers, safety committee members, human resources managers, and anyone responsible for safety and insurance paperwork. This video includes:

- OSHA forms 300, 300-A and 301
- What is considered recordable
- Counting days - when to begin and end counting
- Other recordable injuries- needlesticks, poisoning, and tuberculosis
- Employee privacy issues
- Procedures and forms

### Sexual Harassment in Healthcare: New Perspectives

*Coastal*  
13 Minutes (DVD, VHS) (English)

The cost of sexual harassment extends beyond the monetary and takes a significant toll on your employees' morale and retention. This program drives home key training points by focusing on the perspective of the victim.

- The reasonable person standard
- Importance of understanding other perspectives
- Avoiding unintentional harassment



### Social Media: Reduce the Risk

*Coastal*

21 Minutes (DVD) (English)

This program is designed to educate organizations and their employees about the risks and benefits of Social Media. The course educates organizations and their employees about reducing risks such as revealing trade secrets and proprietary information, defamation of a company brand, failure to comply with social media policies and codes of conduct, digital harassment and other problems associated with social media interactions.

### The Attitude Virus: Curing Negativity in the Workplace

*CRM Learning*

21 Minutes (DVD) (English)

Once an attitude virus begins to spread, it can become an epidemic in no time flat. Productivity suffers and so do individual workers. There's no doubt that today's workplace is especially susceptible. With this DVD, you will learn to vaccinate your organization from this potentially devastating threat. Learn how to get to the cause, administer the cure, and create a healthier workplace for everyone.

### What's Holding You Back?

*Training ABC*

3 Minutes (DVD) (English)

Amelia Earhart, Franklin Delano Roosevelt, Henry Ford, Abraham Lincoln, Thomas Edison and Helen Keller are profiled in this 3 minute motivational program. Watch how these great historical figures overcame a variety of challenges. This program is a great way to start or end any meeting or training.

### Needlestick Prevention

#### Needlestick Prevention: Stick to Safety

*Coastal*

12 Minutes (DVD, VHS) (English)

This program will show you how to protect yourself from dangerous exposure to blood borne pathogens. Knowing the rules of sharps safety can protect you from injury. This program provides a thorough approach to sharps technology, safe handling techniques, and handling and disposing of sharps.

- Facts on HBV, HCV, and HIV
- Information on HBV vaccinations
- Five rules of sharps safety
- What to do if you are stuck
- DVD available in Spanish

### Occupational Health

### Heat Stress: Don't Lose Your Cool

*Coastal*

15 Minutes (DVD, VHS) (English)

This program will educate your employees on heat-related topics including acclimatization, proper work procedures, fluid intake, eating habits, proper clothing, and information on sunburn, heat rash, exhaustion, and stroke. This program is appropriate for your dietary/food services, engineering facilities, housekeeping, grounds keeping, laundry, and transportation departments.

### Shift work: Circadian Survival

*Coastal*

20 Minutes (DVD) (English)

If your organization runs more than one shift, this new program is for you! Circadian rhythms regulate the body's internal clock and deviating from this "internal programming" can often be difficult for workers. Teach them how to adjust and minimize difficulties, especially safety-related concerns, with this important video.

- Proper rest
- Fatigue on the job
- Family stress
- Worker safety- sharps, waste, and other hazards

### Office Safety

#### Office Safety: It's A Jungle in There

*Coastal*

20 Minutes (DVD) (English)

Every year, more than 400,000 people in offices are hurt badly enough that they miss work. This video shows how working in an office is a lot like being in the jungle. The dangers are hidden and subtle. You have to be on your guard every minute and ready to take action before you get hurt.

- Preventing injuries
- Controlling dangers
- Formulating emergency plans

DVD includes English/Spanish/Portuguese



## Patient Handling

### **Ergonomics: Safe Patient Transfer**

*Coastal*

15 Minutes (DVD) (English)

Back injuries and other musculoskeletal disorders are the leading cause of injury to healthcare workers. This program provides viewers with important information to help prevent injuries when working with patients. Viewers will learn to:

- Recognize risky tasks in daily work
- Identify risky patients and risky locations
- Select the right mechanical device to use during patient care

### **Patient Lifting: Safe Strategies**

16 Minutes (DVD) (English)

Healthcare workers are at risk for serious back injuries. Back injuries are not only painful, but also costly to both employee and employer. Show your employees how to lift properly and prevent injury according to the NIOSH Lifting Guidelines. This program emphasizes safe lifting techniques and the importance of using lifting equipment.

### **Preventing Patient Falls in Hospitals**

*Coastal*

15 Minutes (DVD, VHS) (English)

Healthcare professionals are on the front lines of pro-active fall prevention. This program is designed to help train your employees on the proper assessment tools and protective strategies you can use to take the guesswork out of fall prevention.

- The three types of falls
- Conducting a fall assessment
- Preventing falls
- Fall prevention for at-risk or fall-prone patients
- Communicating risk & preventing falls

### **Preventing Patient Falls: A Team Approach**

*Envision, Inc.*

18 Minutes (DVD) (English)

This program provides evidence based strategies along with protocols and interventions to prevent patient falls and reduce the severity of fall-related injuries. Presented through real life scenarios, this program covers:

- Fall risk assessment tests
- Multidimensional patient factors
- Environmental issues
- Research supported interventions

### **Safe Patient Handling in Healthcare Program**

*Oregon Nurses Assoc., Bay Area Hospital, and the University of Oregon Labor Education and Research Center*

1. Patient Orientation Video 12 minutes
2. Applied Ergonomics for Nurses & Healthcare Workers 30 minutes

Ergonomics is about designing work environments, tasks, and equipment to fit the physical and cognitive capabilities of workers with the goal of reducing injuries, such as strains and sprains and other work-related musculoskeletal disorders (WRMSDs). This program has been created to train your organization to help reduce the number of WRMSDs associated with manual patient handling and care tasks. These videos also demonstrate ergonomic principles that can be used at your facility to identify and address hazards associated with manual patient handling and other patient care tasks.

## Personal Protective Equipment

### **PPE: Don't Start Work Without It**

*Coastal*

15 Minutes (DVD, VHS) (English)

This program covers eye, face, hearing, head, hand, and foot protection, as well as basic personal protective equipment (PPE) rules. This program is appropriate for your engineering, maintenance, and grounds keeping departments and other employees who may be exposed to injury from not using appropriate PPE.

- Eye and face protection
- Hand and foot protection
- Head protection
- Hearing protection
- Basic PPE rules

## Radiation Safety

### **Radiation Safety For Healthcare**

*Coastal*

18 Minutes (VHS) (English)

Even if you don't work directly with radiation, chances are that in today's healthcare environment you're working around it! That's why your employees need to know how to practice proper radiation safety.

- Risks associated with radiation
- Dangers of exposure
- Keeping exposure as low as reasonably achievable



## Respiratory Protection

### **Respirator Safety for Healthcare Workers**

*HCPPro*

17 Minutes (DVD) (English)

This program provides staff with basic education about the N95 respirator commonly used in the healthcare setting.

This video demonstrates:

- How the N95 respirator works to protect against airborne transmission
- Why proper selection, fit and seal checks are essential for safety
- How to don and doff the respirator in sequence with other personal protective equipment
- How to care for and maintain respirators

### **Respiratory Protection: Another World**

*Coastal*

19 Minutes (DVD) (English)

This DVD program will help workers avoid exposure to airborne hazardous substances that can lead to serious health effects and other chronic illnesses.

- Changes to OSHA's revised standard
- Hazardous atmospheres
- Types of respirators
- Written program
- Fit testing

## Return-to-Work Programs

### **Return to Work for Employees**

*Milt Wright & Associates*

16 Minutes (VHS) (English)

This informative program will help overcome common employee objections to return-to-work programs.

Employees will learn:

- Why the return-to-work process can be a positive experience
- How to take control, rather than become a victim of circumstance
- How to communicate one's needs to the supervisor and treating physician
- How work can be therapy to accelerate the recovery process

### **Return to Work for Supervisors**

16 Minutes (VHS) (English)

This informative program will help overcome the most common supervisor objections to implementing a return-to-work program.

Supervisors will learn:

- How early return to work benefits both the employer and employee
- How to think out of the box
- Why communicating with an injured employee and treating physician is important
- How transitional employment can be simple and inexpensive



### Safety Orientation

#### **Healthcare Safety Orientation: For Your Own Good**

*Coastal*

20 Minutes (DVD, VHS) (English)

As a healthcare professional, you know that your patients continually rely on you for their health and safety — but what about your own? It can only take a minute of neglect on your part or that of a coworker for you to become a patient yourself. This program will introduce viewers to:

- Slips, trips, and falls
- Fire safety
- Handling medical waste

#### **Miracle on the Hudson: Prepare for Safety**

*Coastal*

21 Minutes (DVD) (English)

In *Miracle On The Hudson: Prepare For Safety*, Captain Chesley "Sully" Sullenberger relives the fateful day that he was forced to land Flight 1549 in the Hudson River.

He'll share how he helped save hundreds of lives by calling upon the 4 C's - Competence, Compassion, Commitment and Communication. Your employees will see how they can acquire and apply these same characteristics in their own life, both on and off-the-job.

Use this compelling, real-life story to help your team develop the right safety attitude and better prepare themselves for the unexpected.

English/Spanish/Portuguese on one DVD.

#### **Newcomers**

*Coastal*

22 Minutes (VHS) (English)

This riveting program follows five employees as they go through a busy day at work. Viewers then keep track of safety no-no's, watch the consequences, and get shocked by the sobering twist at the end! *The Newcomers* gives employees an eye-opening look at hazard recognition. Teach your employees:

- To ask questions about the job
- That simple tasks can carry deadly risks
- That their actions may affect others
- The importance of looking out for their fellow workers.

#### **Patient Safety Coaching & Teamwork**

*Coastal*

20 Minutes (DVD) (English)

This important coaching and teamwork training video helps strengthen the collaboration between healthcare staff members. Teaching five essential skills through the C.O.A.C.H. method: Care, Observe, Act, Communicate and Help. Taken together, these principles address individual, interpersonal and systemic factors that affect patient safety: mindsets, attitudes, communication problems, SOPs and the processes and means by which healthcare is delivered.

#### **Patient Safety: Light the Way**

*Coastal*

16 Minutes (DVD) (English)

Pro-active improvement of patient care processes prevents adverse patient outcomes and improves safety for all. This must-see training program will create a culture of safety within your organization.

Spanish/English on one DVD.

#### **Pro-Active Safety Attitudes**

*Coastal*

15 Minutes (DVD) (English)

Featuring the training content of Coastal's Pro-Active Safety Attitudes Looking out for Number One Trainer's Toolkit, this DVD takes a unique look at safety and safety training. It underscores the importance of safety equipment and safety habits and demands that all employees take responsibility for safety. This video covers:

- Prevention and protection
- Reenactments of real-life accidents to motivate workers to take precautions
- Interviews with actual workers



### Representing All of Us - The Role of the Safety Committee in Long Term Care and Assisted Living

(IlluminAge Communication Partners)

22 Minutes (DVD) (English)

Program One: 9 minutes

- Explains key roles of the safety committee in promoting workplace safety
- Shows how giving everyone on staff a voice is critical in creating an effective safety committee
- Spotlights practical ways staff can support and contribute to the safety committee
- Reviews the basics of on-the-job safety for staff viewers during in-service education or new employee orientation.

Program Two: 13 minutes

- For a smaller audience consisting of safety committee members themselves, together with administrators and middle managers
- Spells out the benefits of having an active, high-profile safety committee
- Discusses the main characteristics successful safety committees have in common.

### Safety for Sale

*Coastal*

28 Minutes (VHS) (English)

Every workplace needs a safety program, but how do you sell it to employees so they buy in? This program focuses on safety incentives in the workplace and how to create a strong and effective safety culture. This video covers:

- Elements of a strong safety culture
- Evaluating the strengths and weaknesses of incentive programs
- Explores whether incentives reinforce or undermine safety culture
- Motivates the exploration of changes to incentive programs

### Slips/Trips/Falls

#### Avoiding Slips, Trips & Falls: Step By Step

*Coastal*

17 Minutes (DVD, VHS) (English)

Each year, more than 200,000 American workers are injured as the result of slips and falls. Take a trip down this step-by-step guide that alerts your employees to the serious consequences of falls and explains how they can be prevented.

English/Spanish/Portuguese on one DVD

This important program focuses on the following points:

- Negotiating slippery surfaces
- Controlling hazards
- Proper equipment

### Slips, Trips, and Falls: Avoiding Injury in Your Workplace

*Coastal*

14 Minutes (DVD, VHS) (English)

Slips and falls account for more than 200,000 on-the-job injuries in the United States each year. This fast-paced program identifies major slip, trip, and fall hazards that may endanger your employees.

- Negotiating slippery surfaces
- Controlling hazards
- Avoiding falls
- DVD available in Spanish

#### Step by Step: Avoiding Slips, Trips, and Falls

*Coastal*

17 Minutes (DVD) (English)

Each year, more than 200,000 American workers are injured as the result of slips and falls. Take a trip down this step-by-step guide that alerts your employees to the serious consequences of falls and explains how they can be prevented.

- Negotiating slippery surfaces
- Controlling hazards\
- Proper equipment

English/Spanish/Portuguese on one DVD

### Stress Management

#### Working With Stress

*NIOSH*

17 Minutes (DVD, VHS) (English)

This program from the U.S. Centers for Disease Control (CDC) and

Prevention and the National Institute for Occupational Safety and Health

(NIOSH) describes workplace factors that can create or exacerbate worker stress and suggests practical measures for reducing job-related stress through changes in work organization. The program is designed to be a working resource for employers, human resources managers, occupational health and safety professionals, workers, educators, and others. It combines authoritative information with an easy-to-understand, viewer-friendly presentation.



## Tool & Equipment Safety

### **Practical Approach to Ladder Safety**

*The Training Network*

19 Minutes (DVD) (English)

This thorough video demonstrates basic precautions that will keep your employees safe when using ladders, and teaches them to see the consequences of failing to follow these safe work practices. After watching the program your employees will know how to:

- Correctly choose and inspect a ladder according to type, construction, and duty-rating
- Proper placement and set up on uneven and unstable surfaces
- Placing ladders against round objects • Properly work and stand on a ladder
- Unique hazards posed by multi-function ladders



### Wellness

#### **Exercise: Getting Active, Staying Active**

*Milner-Fenwick*

12 Minutes (VHS) (English)

Stressing that the key to developing a safe and active lifestyle is to take small steps, this video helps viewers discover how they can fit activity into their schedules. It explains that there are three types of exercise (aerobic, strength training, and flexibility conditioning), but also tells viewers that increasing activity level in everyday chores can benefit them as well. It discusses barriers to exercising and exercise tips about clothing, hydration, and pacing. The theme of this video is that small steps can make a difference in being and staying healthy.

#### **Good Night With the Sleep Doctor**

*PBS Home Video*

79 Minutes (DVD) (English)

Noted sleep expert, Dr. Michael Breus, explains how your genes, environment, job habits, and physiology may be hampering your sleep and in turn dramatically affecting your waking life. In this public television special, he shows that getting the proper quantity and quality of sleep can help rejuvenate your mind and body, increase your energy, help you lose weight, and even possibly take years off your appearance. Good Night with the Sleep Doctor offers good news and a plan for everyone looking for a path to health and wellness.

#### **Introduction to Heart Disease**

*Milner-Fenwick*

15 Minutes (VHS) (English)

Updated to follow the new national cholesterol education program guidelines, this video helps patients see the importance of knowing their individual risk factors. It explains that the more risks they have the greater their chances of heart attack or stroke. It helps motivate patients to make minimizing risks a goal. The video then details what they can do to reduce each risk and shows that by controlling certain risk factors they can reduce their risk of others. A variety of people with heart disease share their own experiences throughout the video.

#### **Nutrition: Healthy Eating for Life**

*Milner-Fenwick*

12 Minutes (DVD, VHS) (English)

This program presents the importance of changing eating habits gradually. It suggests people make small changes in what they choose, in what they eat, how much they eat, and how they eat. The video shows the new food guide pyramid. It discusses saturated fats, unsaturated fats, carbohydrates, and portion sizes. This program suggests that people choose one change in their eating habits at a time.

#### **Overweight: Who's in Control?**

*Milner Fenwick*

15 Minutes (DVD) (English)

This DVD stresses lifestyle changes and helps viewers increase their awareness of behavior patterns, emotional aspects of eating, and pitfalls. It explains that exercise is a key part of both weight loss and weight maintenance and encourages people who have struggled to lose weight but have been unable to keep it off. This video includes:

- The 2005 dietary guidelines
- The food guide pyramid
- How to read food labels

#### **Pre-Diabetes: Your Path to Preventing Type 2 Diabetes**

*Milner-Fenwick*

22 Minutes (VHS) (English)

Many people today are living with pre-diabetes, a warning sign that they are already on the path to Type 2 diabetes and heart disease. But given the tools to change, patients can choose to take a different path... the path toward good health and prevention or delay of the onset of Type 2 diabetes. This video explains pre-diabetes. It outlines a prevention plan that includes working with a healthcare provider to monitor blood glucose (FPGT and OGTT tests), making healthy food choices, getting regular physical activity, taking oral medications if prescribed, and getting psychological support.

#### **Smoking: Getting Ready to Quit**

*Milner-Fenwick*

15 Minutes (VHS) (English)

This video helps smokers think about quitting as well as develop the skills they need to quit. "Real" smokers cover "real" stop-smoking issues. The video encourages smokers to talk to a healthcare provider about appropriate methods of quitting in order to find a way that's right for them. It discusses nicotine patches and gum, nicotine inhalers or nasal spray, and Wellbutrin®. Dealing with smoking withdrawal is covered in detail as well as practical tips for dealing with potential relapse situations.



## Workers' Compensation

### **Taking Control: Workers' Compensation Return-to-Work Connection**

*Milt Wright & Associates*

27 Minutes (VHS) (English)

Workers' compensation costs in the United States have tripled over the last ten years. These rapidly expanding costs dictate the number of employees that many businesses can afford to hire and, in some cases, dictate whether a company can stay in business at all. The goal of this video is to help employers:

- Reduce workers' compensation costs
- Reduce workers' compensation-related litigation
- Improve return-to-work rates
- Reduce time loss
- Improve company morale
- Address the requirements of the Americans with Disabilities Act (ADA)
- Limit potential ADA litigation



## Workplace Violence

### **Domestic Abuse: Recognizing and Reporting**

*Coastal*

17 Minutes (DVD) (English)

One in every four Americans is a victim, witness to, or perpetrator of family violence. Healthcare workers are often the first to encounter abuse and have a unique opportunity to identify victims early. With that in mind, this training program is designed to give your staff the tools necessary to react properly when handling an abuse case.

### **Healthcare Violence: Be Part of the Cure**

*Coastal*

17 Minutes (VHS) (English)

Healthcare facilities are no longer considered immune from the violence of the outside world. In one state alone, nearly 60 percent of hospital employees received injuries from patients or visitors. Protect your employees by teaching them how to spot potential violence and how to defuse a hostile situation.

- Areas of your facility most susceptible to violence
- Reasons for increases in violence
- When to apply physical and chemical restraints
- How to deal with the aftermath of an attack

### **Hospital Security: Partners Against Crime**

*Coastal*

19 Minutes (DVD, VHS) (English)

Hospitals are the most crisis-prone workplaces in the United States. In this training program, a hospital security officer teams up with the viewer

to get an up-close look at security issues on the job. This program includes guidelines for dealing with safety concerns and shows how to be proactive in high-risk situations. Covers parts of JCAHO EC.1.4.

- Dealing with safety concerns
- How to be proactive in high-risk situations
- See, Weigh, Arm Yourself, Take Action (S.W.A.T.)

### **Violence in Health Care Part 1 and part 2**

*Envision Inc*

18 Minutes (DVD) (English)

This important program looks at the escalation of violence in the healthcare environment. Why does it exist? And more importantly...what can you do about it? This program will help EVERY healthcare provider to:

- Understand why violence exists
- Recognize potentially violent situations
- React properly and professionally
- Cope with post-traumatic stress

### **Violence in Healthcare - 2 part program**

*Envision Inc*

32 Minutes (DVD) (English)

Violence in Healthcare: Empowering You To Be Prepared! (Part 1)  
Violence in Healthcare: What To Do When Violence Occurs (Part 2)

Part 1- This 17 minute program highlights the recommendations by OSHA and NIOSH to reduce the risk of assault and mitigate violence through preparation. By recognizing the risk factors for violence and learning how to avoid a confrontation, health care workers can empower themselves to properly address a situation before it turns violent!

Part 2- This 15 minute program utilizes realistic scenarios to discuss the 4 R's, Recognizing, Resolving, Responding and Reporting violence according to NIOSH and OSHA recommendations.

Each program includes: DVD Presentation | Post Test | StudyPoints

### **Violence on the Job**

*NIOSH*

27 Minutes (DVD) (English)

This video discusses practical measures for identifying risk factors for violence at work and taking strategic action to keep employees safe. It is based on extensive National Institute for Occupational Safety and Health (NIOSH) research supplemented with information from other authoritative sources.

### **When Domestic Violence Comes to Work**

*Intermedia*

11 Minutes (DVD) (English)

Domestic violence is the number one cause of injury to women in the United States. Domestic violence may occur at home, but it also comes to work and affects the bottom line of every private and public sector organization. This important program can help educate employers and employees about domestic violence and assist them in developing effective policies and procedures.

### **Workplace Violence: The Calm Before the Storm**

*Coastal*

25 Minutes (DVD) (English)

In one year alone, workplace violence accounted for one out of five work-related deaths in the U.S. This video program is designed to help supervisors and employees identify the warning signs of workplace violence and how to prevent it.

- Characteristics of a potentially violent employee
- Violence prevention program
- Stress management and conflict resolution
- Threat-management teams